CAISTER ACADEMY CAREERS PROGRAMME 2023-2024

		Term	Date From	Gatsby Benchmark met	Employer/E xternal agency encounter
Year 7 Focus: Self-awareness,	Access to independent and impartial Advice and Guidance (Level 6)	All year	04.09.23	8	
identifying key skills and interests, linking this to further study and the world of	Career information posters and displays in school corridors and classrooms	All Year	09.10.23	2 & 3	
work.	Access to resources and information in the careers area in the school library	All Year	04.09.23	2 & 3	
	Career of the week delivered in Tutor Time and through student emails.	All Year	30.10.23	2 & 4	
PHSE lessons	All year group to complete registration and induction on Unifrog	Autumn	20.10.23	2 & 3	
	Record of Achievement completion of future prospects and personal statement	Autumn	13.10.23	2 & 3	
	 Focus Lessons: Careers and your future: Transitions, Stereotypes and Personal qualities Careers and your future Financial education Transition points in your life 	Spring	26.02.24	1 & 3	
	Tutor led activities during National Careers Week - Future First Alumni Videos	Spring	04.03.24	2, 4 & 5	

	UEA Future Stars Trip	Spring	06.03.24	2, 3, 4 & 7	Yes
	Languages footballer Guest Speaker	Spring	24.01.24	2, 3, 4 & 5	Yes
	Into University Workshop- Becoming and Independent Learner	Spring	05.03.24	2, 3, 4 & 7	Yes
Year 8 Focus: Investigating careers	Access to independent and impartial Advice and Guidance (Level 6)	All year	04.09.23	8	
and different sectors.	Career posters and displays in school corridors and classrooms	All Year	09.10.23	2 & 3	
Understanding Labour Market Information	Access to resources and information in the careers area in the school library	All Year	04.09.23	2 & 3	
	Career of the week delivered in Tutor Time and through student emails.	All Year	30.10.23	2 & 4	
PHSE lessons	Record of Achievement completion of future prospects and personal statement	Autumn	13.10.23	2 & 3	
	 Focus Lessons: Labour Market Information – Exploring Careers Employability skills Exploring careers Career choices Career interest and jobs 	Autumn	30.10.23	1,2,3 & 4	
	All year group to complete registration and induction on Unifrog	Spring	20.10.23	2 & 3	
	Completing the personality quiz on Unifrog	Spring	20.10.23	2 & 3	
	 Focus Lessons: Desert Island living Building a community Making decisions and priorities 	Summer	15.04.24	2 & 3	
	Film Making Workshop	Autumn	15.09.23	2, 4 & 5	Yes
	Design Workshop	Autumn	09.10.23	2, 4 & 5	Yes
CEIAG activities	Trip to Warner Brothers Studios working alongside sound engineers	Autumn	11.10.23	2, 4 & 5	Yes

	Professional Actor Workshops	Autumn	02.11.23	2, 4 & 5	Yes
	Languages footballer Guest Speaker	Spring	24.01.24	2, 3, 4 & 5	Yes
	Tutor led activities during National Careers Week Future First Alumni Videos	Spring	04.03.24	2, 4 & 5	
	Year assembly on National Careers Week	Spring	04.03.24	2, 3, 4 & 7	Yes
	UEA assembly	Summer	29.05.24	2,3,4 & 5	Yes
	Into University Workshop- Pathway to success	Spring	05.03.24	2, 4, 5, 6 & 7	Yes
	Further Education Lunch Time drop ins	All Year	03.11.23	2, 3, 4 & 7	Yes
Year 9	Access to independent and impartial Advice and Guidance (Level 6)	All year	04.09.23	8	
Focus: Decision Making and introducing post 16 career	Career posters and displays in school corridors and classrooms	All Year	09.10.23	2 & 3	
pathways	Access to resources and information in the careers area in the school library	All Year	04.09.23	2 & 3	
	Career of the week delivered in Tutor Time and through student emails.	All Year	30.10.23	2 & 4	
PHSE lessons	Record of Achievement completion of future prospects and personal statement	Autumn	13.10.23	2 & 3	
	All year group to complete registration and induction on Unifrog	Autumn	20.10.23	2 & 3	
	Completing the personality quiz on Unifrog	Autumn	20.10.23	2 & 3	
	Focus Lessons:	Spring	04.01.24	1 & 3	
	Focus Lessons: • Exploring Britishness and British values	Summer	15.04.24		

	What are human rights?				
	Exploring human rights				
CEIAG activities	Film Making Workshop	Autumn	15.09.23	2, 4 & 5	Yes
CLIAG activities	Design Workshop	Autumn	09.10.23	2, 4 & 5	Yes
	Trip to Warner Brothers Studios working alongside sound engineers	Autumn	11.10.23	2, 4 & 5	Yes
	UEA Languages Trip (A student abroad)	Autumn	03.11.23	2, 3, 4 & 7	Yes
	Languages footballer Guest Speaker	Spring	24.01.24	2, 3, 4 & 5	Yes
	Tutor led activities during National Careers Week (4 th -9 th March 2024) Future First Alumni Videos	Spring	04.03.24	2, 4 & 5	
	Year assembly on National Careers Week	Spring	04.03.24	2,4&5	Yes
	Year Assembly on GCSE options	Spring	04.03.24	2, 3 & 4	
	Year group GCSE options evening with students and parents	Spring	19.03.24	2, 3, 4, 5 & 7	Yes
	UEA assembly	Spring	06.03.24	2, 3, 4 & 7	Yes
	Into University- Business in Focus Trip	Spring	04.03.24	2, 4, 5, 6 & 7	Yes
	Music Industry Day	Spring	08.03.24	2, 4, 5, 6 & 7	Yes
	UEA Pathways Trip	Summer	21.05.24	2, 4, 5, 6 & 7	Yes
	UEA Trip- Health and Medicine Unlocked	Summer	04.07.24	2, 4, 5, 6 & 7	Yes
	Further Education Lunch Time drop ins	All Year	03.11.23	2, 3, 4 & 7	Yes
Year 10 Focus: Employability skills including preparation for CV, applications, and interviews	Access to independent and impartial Advice and Guidance (Level 6)	All year	04.09.23	8	
	Career posters and displays in school corridors and classrooms	All Year	09.10.23	2 & 3	
	Access to resources and information in the careers area in the school library	All Year	04.09.23	2 & 3	

	Career of the week delivered in Tutor Time and through student emails.	All Year	30.10.23	2 & 4	
PHSE	Record of Achievement completion of future prospects and personal statement	Autumn	13.10.23	2 & 3	
	Completing the personality quiz on Unifrog	Autumn	20.10.23	2 & 3	
	Unifrog activities on post 16 pathways, CV builder and interview preparation	Autumn	20.10.23	2 & 3	
	Lessons: Rights and responsibilities Consumer rights Employment rights	Spring	04.01.24	2 & 3	
	Work experience from the CET Employability booklet	Spring	04.01.24	2 & 3	
	 Lessons: Time management Dealing with exam stress and anxiety Critical thinking and fake news CV Writing LGBT rights and British Values Writing a Personal Statement 	Summer	15.04.24	2 & 3	
CEIAG activities	Army Assembly	Autumn	03.11.23	2, 3, 4 & 7	Yes
	Army Workshop	Autumn	17.11.23	2, 3, 4 & 7	Yes
Please note: Any company willing to give Year 10 students the opportunity to gain work experience for one	UEA Booklet- Get Set Booklet	Spring	02.01.24	2, 3 & 4	
	Languages footballer Guest Speaker	Spring	24.01.24	2, 3, 4 & 5	
	Year assembly on National Apprenticeship Week (5 th -11 th Feb 2024) with ASK Apprenticeships*	Spring	05.11.23	2,3,4 & 7	Yes

week placement in July 2024 please contact careers@caisteracademy.org.	Tutor led activities during National Careers Week - Future First Alumni Videos	Spring	04.03.24	2,4 & 5	
uk	Army Workshop	Spring	09.02.24	2, 3, 4, 5 & 7	Yes
	East Coast Assembly	Spring	07.03.24	2, 4 & 5	Yes
	Norfolk Skills and Careers Festival	Spring	08.03.24	2,3,4,5 & 7	
	Work Experience	Summer	01.07.24	5 & 6	
	Further Education Lunch Time drop ins	All Year	03.11.23	2, 3, 4 & 7	Yes
Year 11	Access to resources and information in the careers area in the school library	All Year	04.09.23	2 & 3	
Focus: Ensuring a successful post 16 transition	Access to independent and impartial Advice and Guidance (Level 6)	Autumn & Spring	20.09.23	8	
	Career posters and displays in school corridors and classrooms	All Year	09.10.23	2 & 3	
	Career of the week delivered in Tutor Time and through student emails.	All Year	30.10.23	2 & 4	
PHSE lessons	Post 16 application 6 lessons of support, through Help You Choose	Autumn	15.09.23	2 & 3	
	Unifrog activities on post 16 pathways, CV builder and interview preparation	Autumn	20.10.23	2 & 3	
	Record of Achievement completion of future prospects and personal statement	Autumn	13.10.23	2 & 3	
CEIAG activities	Post 16 application support	Autumn	15.09.23	2 & 3	
Please note: Any company with upcoming career opportunities are welcome to attend. For more information, please contact	Year assembly on Higher education by UEA	Autumn	25.09.23	2, 3, 4 & 7	Yes
	Careers and raising achievement evening with students, parents and provider	Autumn	14.09.23	2, 3, 4, 5 & 7	Yes
	Apprenticeships and T level assembly delivered by ASK programme	Autumn	09.10.23	2, 3, 4 & 7	Yes

careers@caisteracademy.org. uk	Humanutopia- Life Skills, choices and future endeavors	Autumn	03.11.23	2, 3, 4 & 7	Yes
	Tutor led activities during National Careers Week (4 th -9 th March 2024) Future First Alumni Videos	Spring	04.03.24	2, 4 & 5	
	East Norfolk Assembly	Spring	04.03.24	2, 3, 4 & 7	Yes
	Year assembly on National Apprenticeship Week (5 th -11 th Feb 2024) with ASK Apprenticeships*	Spring	05.02.24	2, 4 & 5	Yes
	NEET Provision 1-1's with East Norfolk	All Year	03.11.23	2, 3, 4 & 7	Yes
	Further Education Lunch Time drop ins	All Year	03.11.23	2, 3, 4 & 7	Yes

^{*} To embed in 2024

Gatsby Benchmarks

- 1. A stable careers programme Embedded, and understood by pupils, parents, teachers, and employers.
- 2. Learning from career and labour market info Access to info about study options and labour market opportunities.
- 3. Addressing the needs of each pupil Support is diverse and tailored to the needs of each pupil.
- 4. Linking curriculum learning to careers All subjects link their curricula to careers.
- 5. Encounters with employers and employees' First-hand opportunities to learn from employers.
- **6.** Experiences of workplaces First-hand experiences of workplaces, e.g., through work experience.
- 7. Encounters with Vocational and Higher Ed First-hand contact with Vocational and Higher Education.
- 8. Personal guidance Guidance from an adviser when major study or career choices are made.