

Option 1	<u>Chinese Chicken Stir Fry with Noodles</u>	<u>Homemade Beef Lasagne with Garlic Slice</u>	<u>Glazed Gammon Roast Yorkshire Pudding</u>	<u>Low Salt & Chilli Chicken Firecracker Rice</u>	<u>Battered Fish Sausage (battered or plain)</u>
Option 2	<u>Veggie Thai Style Stir Fry with Noodles</u>	<u>Sweet Potato & Apricot Tagine</u>	<u>Root Vegetable & Bean Stew</u>	<u>Japanese Stir Fried Noodles</u>	<u>Veggie Sausage (battered or plain)</u>
SIDES	<u>Noodles Lime Dressed Slaw</u>	<u>Mixed Salad</u>	<u>Roasties</u>	<u>Sweet Chilli Sticky Greens</u>	<u>Chips</u>
Pasta	<u>Homemade Tomato Sauce</u>	<u>Homemade Tomato Sauce or Meatballs</u>	<u>Homemade Tomato Sauce or Mac n Cheese</u>	<u>Homemade Tomato & Basil Sauce</u>	<u>Homemade Tomato Sauce</u>
Jackets	<u>Cheese or Beans</u>	<u>Cheese or Beans</u>	<u>Cheese or Beans</u>	<u>Cheese or Beans</u>	<u>Cheese or Beans</u>
DESSERT With Custard	<u>Chocolate Brownie</u>	<u>Fruit Crumble</u>	<u>Sticky Toffee Pudding</u>	<u>Pineapple Upside Down Cake</u>	<u>Strudel</u>

Option 1

Chicken Tikka
Masala

Sticky Red Onion
Sausages

Roast Chicken &
Stuffing & Gravy

Meatballs in Tomato
Sauce

Battered Fish
Sausage

Option 2

Chana Masala

Veggie Bangers

Crispy Topped
Mac n Cheese

Cumin Chickpea &
Vegetable Bake in a
Tomato Sauce

Homemade Fishless
Cake

SIDES

Yellow Rice &
Kachumber Salad

Cheesy Chive
Mash
Carrots & Peas

Roasties

Moorish Cous Cous

Chips

Seasonal Mixed
Vegetables

Green Salad

Mushy Peas or
Baked Beans

Pasta

Homemade
Tomato Sauce

Homemade
Tomato Sauce or
Meatballs

Homemade
Tomato & Basil
Sauce

Homemade Tomato
Sauce

Homemade Tomato
Sauce

Jackets

Cheese or Beans

Cheese or Beans

Cheese or Beans

Cheese or Beans

Cheese or Beans

DESSERT with Custard

Jam Crumble Bar

Jamaican Ginger
Cake

Banana &
Chocolate
Sponge

Carrot Cake

Syrup Sponge Cake