

CAISTER ACADEMY CAREERS PROGRAMME 2025-2026

Intent: To give every student the knowledge, skills, and experiences they need to make confident, informed decisions about their future. The careers programme aims to ensure that all students become **ambitious, informed, and prepared**

		Term	Date From	Gatsby Benchmark	Employer/ External Agency Encounter
Year 7 Focus: Self-awareness, identifying key skills and interests, linking this to further study and the world of work.	Access to independent and impartial Advice and Guidance (Level 6)	All year	04.09.25	8	
	Career information posters and displays in school corridors and classrooms	All Year	09.10.25	2 & 3	
	Access to resources and information in the careers area in the school library	All Year	04.09.25	2 & 3	
	Career of the week delivered in Tutor Time and through student emails.	All Year	30.10.25	2 & 4	
PSHE lessons and P. Learning	All year group to complete registration and induction on Unifrog	Autumn	20.10.25	2 & 3	
	Record of Achievement completion of future prospects and personal statement	Autumn	13.10.25	2 & 3	
	Focus Lessons: <ul style="list-style-type: none"> • Careers and your future: Transitions, Stereotypes and Personal qualities • Careers and your future • Financial education • Transition points in your life 	Spring	26.02.26	1 & 3	
CEIAG activities	Employer Assembly	Autumn	14.11.25	5	Yes

	Employer Assembly	Autumn	11.11.25	5	Yes
	Tutor led activities during National Careers Week (2nd-6th March 2026)	Spring	03.03.26	2, 4 & 5	
	UEA Future Stars Trip	Spring	06.03.26	2, 3, 4 & 7	Yes
	Into University Workshop- Becoming and Independent Learner	Spring	05.03.26	2, 3, 4 & 7	Yes
Year 8 Focus: Investigating careers and different sectors. Understanding Labour Market Information	Access to independent and impartial Advice and Guidance (Level 6)	All year	04.09.25	8	
	Career posters and displays in school corridors and classrooms	All Year	09.10.25	2 & 3	
	Access to resources and information in the careers area in the school library	All Year	04.09.25	2 & 3	
	Career of the week delivered in Tutor Time and through student emails.	All Year	30.10.25	2 & 4	
PSHE lessons and P. Learning	Record of Achievement completion of future prospects and personal statement	Autumn	13.10.25	2 & 3	
	Focus Lessons: <ul style="list-style-type: none"> Labour Market Information – Exploring Careers Exploring careers Career interest and jobs 	Autumn	30.10.25	1,2,3 & 4	
	All year group to complete registration and induction on Unifrog	Spring	20.10.25	2 & 3	
	Completing the personality quiz on Unifrog	Spring	20.10.25	2 & 3	
	Focus Lessons: <ul style="list-style-type: none"> First Aid British Values AI and Employability 	Summer	15.04.26	2 & 3	
	Employer Assembly	Autumn	14.10.25	5	Yes
	Employer Assembly	Autumn	11.11.25	5	Yes
	Tutor led activities during National Careers Week (2nd-6th March 2026)	Spring	03.03.26	2, 4 & 5	

	Year assembly on National Careers Week	Spring	04.03.26	2, 3, 4 & 7	Yes
	UEA assembly	Summer	29.05.26	2,3,4 & 5	Yes
	Into University Workshop- Pathway to success	Spring	05.03.26	2, 4, 5, 6 & 7	Yes
	Further Education Lunch Time drop ins	All Year	03.11.25	2, 3, 4 & 7	Yes
Year 9 Focus: Decision Making and introducing post 16 career pathways	Access to independent and impartial Advice and Guidance (Level 6)	All year	04.09.25	8	
	Career posters and displays in school corridors and classrooms	All Year	09.10.25	2 & 3	
	Access to resources and information in the careers area in the school library	All Year	04.09.25	2 & 3	
	Career of the week delivered in Tutor Time and through student emails.	All Year	30.10.25	2 & 4	
PSHE lessons and P. Learning					
	All year group to complete registration and induction on Unifrog	Autumn	20.10.25	2 & 3	
	Completing the personality quiz on Unifrog	Autumn	20.10.25	2 & 3	
	Focus Lessons: <ul style="list-style-type: none"> Managing Mental health Life without sleep 	Spring	04.01.26	1 & 3	
	Focus Lessons: <ul style="list-style-type: none"> Finance and Budgeting Making financial decisions Self employment 	Summer	15.04.26		
CEIAG activities					
	UEA Languages Trip (A student abroad)	Autumn	08.11.25	2, 3, 4 & 7	Yes
	Employer Assembly	Autumn	14.10.25	5	Yes
	Right to succeed – East Norfolk fortnightly provision	Autumn & Spring	14.10.25	5	Yes

Please note: Any company willing to give Year 10 students the opportunity to gain work experience for one week placement in July 2024 please contact careers@caisteracademy.org.uk	Employer Assembly	Spring	11.11.25	5	Yes
	Tutor led activities during National Careers Week (2nd-6th March 2026)	Spring	03.03.26	2, 4 & 5	
	Year assembly on National Careers Week	Spring	04.03.26	2, 4 & 5	Yes
	Year Assembly on GCSE options	Spring	04.03.26	2, 3 & 4	
	Year group GCSE options evening with students and parents	Spring	19.03.26	2, 3, 4, 5 & 7	Yes
	UEA assembly	Spring	06.03.26	2, 3, 4 & 7	Yes
	Into University- Business in Focus Trip	Spring	04.03.26	2, 4, 5, 6 & 7	Yes
	UEA Pathways Trip	Summer	21.05.26	2, 4, 5, 6 & 7	Yes
	UEA Trip- Health and Medicine Unlocked	Summer	04.07.26	2, 4, 5, 6 & 7	Yes
	Further Education Lunch Time drop ins	All Year	03.11.25	2, 3, 4 & 7	Yes
Year 10 Focus: Employability skills including preparation for CV, applications, and interviews	Access to independent and impartial Advice and Guidance (Level 6)	All year	04.09.25	8	
	Career posters and displays in school corridors and classrooms	All Year	09.10.25	2 & 3	
	Access to resources and information in the careers area in the school library	All Year	04.09.25	2 & 3	
	Career of the week delivered in Tutor Time and through student emails.	All Year	30.10.25	2 & 4	
PSHE lessons and P. Learning	Record of Achievement completion of future prospects and personal statement	Autumn	13.10.25	2 & 3	
	Completing the personality quiz on Unifrog	Autumn	20.10.25	2 & 3	
	Unifrog activities on post 16 pathways, CV builder and interview preparation	Autumn	20.10.25	2 & 3	
	Lessons: <ul style="list-style-type: none"> Rights and responsibilities 	Spring	04.01.26	2 & 3	

	<ul style="list-style-type: none"> • Consumer rights • Employment rights 				
	Work experience from the CET Employability booklet	Spring	04.01.26	2 & 3	
	Lessons: <ul style="list-style-type: none"> • Time management • Dealing with exam stress and anxiety • Critical thinking and fake news • CV Writing • LGBT rights and British Values • Writing a Personal Statement 	Summer	15.04.26	2 & 3	
CEIAG activities Please note: Any company willing to give Year 10 students the opportunity to gain work experience for one week placement in July 2024 please contact careers@caisteracademy.org.uk					
	Army Assembly	Autumn	03.11.25	2, 3, 4 & 7	Yes
	Army Workshop	Autumn	17.11.25	2, 3, 4 & 7	Yes
	Employer Assembly	Autumn	11.10.25	2, 3 & 5	Yes
	Employer Assembly	Spring	11.11.25	2, 3 & 5	Yes
	UEA Booklet- Get Set Booklet	Spring	02.01.26	2, 3 & 4	
	Year assembly on National Apprenticeship Week (5 th -11 th Feb 2024)	Spring	05.11.25	2,3,4 & 7	Yes
	Tutor led activities during National Careers Week (2nd-6th March 2026)	Spring	03.03.26	2,4 & 5	
	Army Workshop	Spring	09.02.26	2, 3, 4, 5 & 7	Yes
	East Coast Assembly	Spring	07.03.26	2, 4 & 5	Yes
	Norfolk Skills and Careers Festival	Spring	08.03.26	2,3,4,5 & 7	
	Work Experience	Summer	29.06.26	5 & 6	
Further Education Lunch Time drop ins	All Year	03.11.25	2, 3, 4 & 7	Yes	

Year 11 Focus: Ensuring a successful post 16 transition	Access to resources and information in the careers area in the school library	All Year	04.09.25	2 & 3	
	Access to independent and impartial Advice and Guidance (Level 6)	Autumn & Spring	20.09.25	8	
	Career posters and displays in school corridors and classrooms	All Year	09.10.25	2 & 3	
	Career of the week delivered in Tutor Time and through student emails.	All Year	30.10.25	2 & 4	
PSHE lessons	Post 16 application 6 lessons of support, through Help You Choose	Autumn	15.09.25	2 & 3	
	Unifrog activities on post 16 pathways, CV builder and interview preparation	Autumn	20.10.25	2 & 3	
	Lessons: Self-worth and self esteem Digital Footprint and Employability	Autumn			
CEIAG activities Please note: Any company with upcoming career opportunities are welcome to attend. For more information, please contact careers@caisteracademy.org.uk	Post 16 application support	Autumn	15.09.25	2 & 3	
	Year assembly on Higher education by UEA	Autumn	25.09.25	2, 3, 4 & 7	Yes
	Careers and raising achievement evening with students, parents and provider	Autumn	14.09.25	2, 3, 4, 5 & 7	Yes
	Apprenticeships and T level assembly delivered by ASK programme	Autumn	09.10.25	2, 3, 4 & 7	Yes
	Humanutopia- Life Skills, choices and future endeavors	Autumn	10.10.25	2, 3, 4 & 7	Yes
	Tutor led activities during National Careers Week (2nd-6th March 2026)	Spring	03.03.26	2, 4 & 5	
	East Norfolk Assembly	Spring	04.03.26	2, 3, 4 & 7	Yes
	Year assembly on National Apprenticeship Week (5 th -11 th Feb 2024)	Spring	05.02.26	2, 4 & 5	Yes
	Further Education Lunch Time drop ins	All Year	03.11.25	2, 3, 4 & 7	Yes

Gatsby Benchmarks

1. **A stable careers programme** Embedded, and understood by pupils, parents, teachers, and employers.
2. **Learning from career and labour market info** Access to info about study options and labour market opportunities.
3. **Addressing the needs of each pupil** Support is diverse and tailored to the needs of each pupil.
4. **Linking curriculum learning to careers** All subjects link their curricula to careers.
5. **Encounters with employers and employees'** First-hand opportunities to learn from employers.
6. **Experiences of workplaces** First-hand experiences of workplaces, e.g., through work experience.
7. **Encounters with Vocational and Higher Ed** First-hand contact with Vocational and Higher Education.
8. **Personal guidance** Guidance from an adviser when major study or career choices are made.