

# WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THE MEXICAN KITCHEN

## OPTION #1

**CLASSIC BEEF BOLOGNAISE**  
With Garlic Bread

**GREEN THAI CHICKEN CURRY**  
with 50/50 Rice

**FLAVOURED CHICKEN** with  
Roast Potatoes and Gravy

**MEXICAN BEEF CHILLI**  
with 50/50 Rice or Soft Tacos

**FISHFINGERS OR SALMON FISHCAKES**  
with Chips

## OPTION #2

**AUTUMN VEGETABLE RISOTTO**

**STICKY SOY AND HONEY NOODLES**

**CAJUN SWEET POTATO & SPINACH TART**  
with Roast Pots

**MEXICAN VEGETABLE RICE**

**LOADED HOUND DOG**  
with Chips

## ON THE SIDE

Green Beans  
Carrots

Sweetcorn  
Roasted Broccoli

Cauliflower  
Peas

Pineapple Salsa  
& Slaw

Baked Beans  
Coleslaw

## DESSERT OF THE DAY

**PINEAPPLE UPSIDE DOWN CAKE**  
with Custard

**SCHOOL CAKE**

**PLUM & VANILLA CRUMBLE**  
with Custard

**DATY COOKIE**

**LEMON DRIZZLE SPONGE**

## ALSO AVAILABLE!

**SOUP OF THE DAY**  
**FILLED JACKET POTATOES**

## CHECK OUT...

**OUR HOT AND COLD GRAB & GO SELECTION**

## MENU KEY

ADDED PLANT PROTEIN   **VEGAN OPTION**  
 **SOURCE OF WHOLEMEAL**

## ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

# WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## OPTION #1

## OPTION #2

## ON THE SIDE

## DESSERT OF THE DAY

**BEEF ENCHILADAS**  
With Rice

**MACARONI CHEESE**  
With Toppings

Roasted Butternut  
Squash  
Cauliflower

**BLONDIE WITH BERRIES**

## STREET FOOD

**SPICY CHICKEN**  
With Khobez and  
Tabbouleh Salad

**HOUMOUS AND FALAFEL**  
With Khobez  
and Tabbouleh  
Salad

Red Cabbage  
Slaw and Roasted  
Chickpea Salad

**SYRUP SPONGE**  
with Custard

**BUTCHERS SAUSAGE & MASH**  
with Onion  
Gravy

**VEGGIE SAUSAGE & MASH**  
with Onion  
Gravy

Broccoli  
Sweetcorn

**APPLE & CHERRY OATY CRUMBLE**  
with Custard

**HOT WOK CHICKEN NOODLES**

**BLACK BEAN VEGETABLES**  
with Rice

Carrots  
Green Beans

**CHOCOLATE SHORTBREAD CAKE**

**BATTERED FILLET OF FISH**  
served with  
Chips & Tartare  
Sauce

**GREEK SPINACH & FILO PARCELS**  
and Chips

Baked Beans  
Garden Peas

**PEAR UPSIDE DOWN CAKE**

## ALSO AVAILABLE!

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# WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## OPTION #1

## OPTION #2

## ON THE SIDE

## DESSERT OF THE DAY

TANDOORI  
CHICKEN  
STUFFED  
NAAN

VEGETARIAN  
THAI NOODLES

Bombay Potatoes  
Green Beans  
Sweetcorn

WARM BANANA  
FLAPJACK

MEATBALLS  
IN TOMATO  
SAUCE  
with Spaghetti

VEGETABLE  
BIRYANI

Broccoli  
Roasted  
Vegetables

VANILLA SPONGE

THE CLASSIC  
ROAST DINNER  
with all the  
trimmings

ROAST QUORN,  
with all the  
trimmings

Roasted Carrots  
Red Cabbage

JAM SPONGE  
with Custard



CHICKEN  
KORMA  
with 50/50 Rice

SWEET POTATO,  
CHICKPEA &  
SPINACH TIKKA  
with 50/50  
Rice

Roasted  
Cauliflower &  
Sambals

STICKY TOFFEE  
APPLE CRUMBLE  
with Custard

BATTERED  
FISH  
with Chips &  
Tartare Sauce

THE BIG PLANT  
BURGER  
with Chips

Garden Peas  
Baked Beans

BERRY CRUMBLE  
CAKE

## ALSO AVAILABLE!

SOUP OF THE DAY  
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