



Caister Academy Newsletter

Upcoming dates for your diary:

- **Monday 21st - Friday 25th October**
Half Term
- **Thursday 12th December**
Year 7 Parents Evening
- **Tuesday 17th December**
Creative Education Trust's Christmas Carol Concert

October 2019

Issue 38

Welcome all new pupils, parents and staff to the academy and welcome back to everyone else for the start of our 2019/2020 academic year. When we returned in September we were able to see the hard work that went on over the Summer - with parts of the school freshly painted, new doors and a deep clean. We also had a new gating system put in place to further add to the security of our site..

Autumn term is always a long one and seems to feel longer when the nights start to draw in despite this there is no time for staff or pupils to waste. Mocks are starting in November with the pupils involved having been given their timetables: these can also be found on our website. In the run up to Christmas the Music department will be busy with rehearsals for various musical events across Great Yarmouth, including Creative Education Trust's annual carol concert in the last week of this term. Please do look out on our social media for the events our school will be involved in, we always appreciate your support.

Mrs Bridges, Principal

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Environmental and Sustainability Group

The Environmental and Sustainability group enjoyed another trip to the beautiful country house of Holkham Hall and the stunning beach within the 25,000 acre estate.

This time the group explored inside the hall which is described as an exceptional place, rich in history, architecture and wildlife. The hall is an elegant 18th century Palladian style house built by Thomas Coke, 1st Earl of Leicester. The Marble Hall is a spectacular introduction to this imposing building, with its 50ft pressed plaster dome ceiling. Stairs lead to magnificent state rooms displaying superb collections of ancient statues, original furniture, tapestries and paintings by many famous artists.

The Group then explored Farm to Fork and looked into Holkham's rich farming history and watched the beautiful fallow deer take ownership of the amazing landscape.

The beach at Holkham is one of the most unspoilt and beautiful stretches of sand in the country and to preserve this pupils took part in some conservation work involving, the Pine and Holme Oak. The pines were planted in the late 19th century, over a period of 20 years or so by the 2nd Earl of Leicester, but through wind and bird distribution the pine and oak are now encroaching further towards the beach, so these saplings need to be removed.

This relentless task is completed by willing volunteers and both pupils and staff all felt a great sense of achievement when this was done. With a well deserved break the group sat down on the beach and asked the environmental rangers about the career opportunities at Holkham and the qualifications needed to fill these positions.

All enjoyed the day and Caister Academy would like to say a big thank you to Sue and her team from Holkham Hall.



Royal Opera House

As a joint Creative Education Trust trip, The Gerald and Gail Family Foundation Schools' Matinees provided free tickets (4 per school in the Trust) to watch Don Giovanni at the Royal Opera House, Covent Garden. Four of our pupils who have represented the School in a variety of events, and who had excelled in Music, were chosen to travel to London to experience this fantastic opportunity of watching a live Opera performance.





CPR

With the The British Heart Foundation's Restart a Heart day on 16th October - and as part of our PHSE lessons; East of England ambulance Service visited Caister Academy again to train all pupils how to administer hands only CPR.

In the UK there are over 30,000 cardiac arrests a year outside of hospital so this skill for anyone witnessing a cardiac arrest, or finding a victim, can help to save a life.

Mr Lyskey, a paramedic and parent of a pupil at Caister Academy, arranged for himself and colleagues from the East of England ambulance service -including Kayleigh Martin, a former pupil - to come into the school and train over 600 pupils across the four days.

Pupils really took on board the information and now the community has over 600 new potential lifesavers.



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Structure Day

Year 7 pupils took part in their first Knowledge Connected day this half term. Knowledge Connected is a Creative Education Trust project that shows how a topic can span across the STEM subjects. The topic on this occasion was Structure, where pupils looked at iconic structures and discussed materials used the purpose of building and where they are situated. Pupils in groups were then tasked to build their own structure using all the knowledge discussed.



WE ARE ON THE WEB!
WWW.CAISTERACADEMY
.ORG.UK/

Attendance

Now we are coming into the Winter months, with coughs and colds about, please be reminded that if your child is off school - for any reason - you will need to leave a message on the attendance line: 720542 Ext 206 by 8am on the day of absence, and every day there after, until their return to school. Please ensure the pupils' name is left along with your relationship with the pupil and the reason for absence.

We ask that you consider the following when deciding with your child if they are well enough for school?

Is my child too ill to undertake the activities planned in the school day?

Would I take the day off work for this illness?

Does my child have a condition that could be passed on to other children?

The website www.nhs.uk can give helpful advice when making the decision 'is my child too ill to go to school?'.

Open to every pupil every day



Let us help you be the best you can be by starting the day right

Breakfast Club
8am till 8.45am




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