

# Raising your Achievement in Year 11: BTEC Sport

## What have we studied in Year 10?

- Completed Unit 1 External exam (Fitness for Sport and Exercise – 25% of course)
- Completed Unit 3 – Internally assessed (Applying principles of training – 25% of course)



## What will we be learning in Year 11?

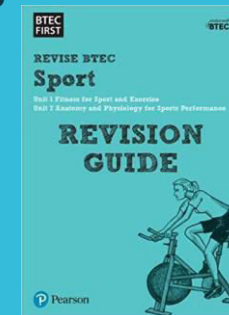
- Unit 2 – Internally assessed (Practical performance in sport – 25%)
- Unit 6 – Internally assessed (Leading Sports Activities – 25%)

## We will offer the following support...

- Theory / coursework intervention – Monday in G2
- Practical / circuit training catch up – Monday (Sports Hall)

## We recommend the following revision guides or websites...

[BTEC First in Sport Revision Guide \(BTEC First Sport\)](#)



## Quick tips to boost your achievement

1. Talk about your work at home
2. Use revision aids to consolidate your learning
3. Catch up on missing work immediately - theory and practical
4. Read the marking criteria provided for every piece of work, this signposts where to gain marks

*Please contact the following members of staff if you need any extra help:*

- Mr McMillan ([andy.mcmillan@caisteracademy.org.uk](mailto:andy.mcmillan@caisteracademy.org.uk))
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